

Check List for Pilots Approaching the Flight Physical

Preparing for a Medical Certification Physical and Avoiding the Guesswork

P ILOTS, YOUR AVIATION MEDICAL EXAMINER (AME) wants you to pass your medical exam. I know how important that continuing to fly is to you because I am a pilot too. If you have any problems, the FAA, your personal physician and I will work with you to resolve them. I want you to

be a satisfied pilot and to leave my office with your medical certificate in hand. That said, here is a checklist to follow during your approach to landing in my office. If you follow it, taking off again will be a piece of cake. Please check my website (FlightSurgeon.com) for more information

- ❑ If you wear corrective lenses, do not forget to bring your glasses or contact lenses and make sure you have a **current** eye exam and corrective lenses, especially if your near/far vision has changed.
- ❑ If you have one, bring your Special Issuance letter from the FAA with you to the exam.
- ❑ If you have a Special Issuance Medical Certificate, mail in all necessary medical information requested by the FAA by the required date or bring all of it to your visit with your AME.
- ❑ Bring all medical information required by your Special Issuance letter along with the actual Special Issuance Letter.
- ❑ Do not forget to tell your AME if you have one of the 15 disqualifying conditions: diabetes mellitus requiring hypoglycemic medications; angina pectoris; coronary heart disease that has been treated or, if untreated, that is symptomatic or clinically significant; myocardial infarction; cardiac valve replacement; permanent cardiac pacemaker; heart replacement; psychosis; bipolar disorder; personality disorder that is severe enough to have repeatedly manifested itself by overt acts; substance dependence; substance abuse; epilepsy; disturbance of consciousness without a satisfactory explanation of the cause; and transient loss of nervous system function(s) without a satisfactory explanation of the cause.
- ❑ Bring any pertinent medical records from your personal physician regarding any chronic medical condition. (Examples: hypertension, asthma, colitis, glaucoma, hypothyroidism, etc)
- ❑ See your personal physician for evaluation and treatment **prior** to medical exam if you have borderline high blood pressure or other medical issues about which the FAA might want further information.
- ❑ **If you are presently being treated for high blood pressure please bring a *current* status report (within the last 6 months if possible) from your physician which includes medications and dosages, presence or absence of side effects, presence or absence of end-organ complications and results of any appropriate tests or studies.**
- ❑ If you have a family history of diabetes mellitus (or other familial diseases), you should have periodic checks with your personal physician prior to medical exam.
- ❑ If you have a family history of diabetes mellitus, avoid large amounts of sugar prior to the exam. Urinalysis may show positive sugar if large amounts are consumed prior to exam.
- ❑ Mark on question 17a. (under *Medications*) if you are taking **any** medication on a regular basis.
- ❑ If you have one, bring in your **SODA (Statement Of Demonstrated Ability)**; e.g., color vision defect).
- ❑ **Do not** empty your bladder immediately before the examination!
- ❑ Do not forget to bring either cash or a credit card (Visa/MC/Discover/AmEx/ApplePay/GooglePay) **No insurance or checks are accepted!**

FAA Medical Exams and CDL Exams

By Michael Brown, MD

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-The primary goal of the airman medical certification program is to protect not only those who would exercise the privileges of a pilot certificate but also air travelers and the general public.

-A medical certificate is required to fly at any stage in your training and career. While a student, the medical certificate may be authorized as a Student Pilot certificate and is needed before any solo flight can be taken.

-To get your medical an FAA-designated Aviation Medical Examiner (AME) must examine you. A person who meets FAA airman medical standards, based on a medical examination and an evaluation of medical history, is entitled to a medical certificate without restriction or limitation other than the prescribed limitation as to its duration.

Prices (Cash Prices, There is a \$5 surcharge for credit cards: Visa/MC/AmEx/Discover/ApplePay/GooglePay)

At age 35 1st Class Pilots will need an ECG which, if normal they won't need another until age 40

After age 40 all 1st Class Pilots will need one ECG/year, but two medical exams

Standard FAA 1st Class w/o ECG - **\$240** (Valid for one year for pilots under age 40)

Standard FAA 1st Class with ECG - **\$340** [**\$240 + \$100 w/ECG = \$340**] (Valid for 6 months for pilots over age 40)

Standard FAA 2nd Class - **\$240** (valid 1 year regardless of age)

Standard FAA 3rd Class - **\$200** (valid for 5 years for pilots under age 40, valid for 2 years for pilots over age 40)

Interim Medical Certificate, any class, **w/o Exam** for Special Issuance Candidates - **\$120**

Commercial Drivers License (CDL) - **\$240***

*Add-on CDL with an FAA Medical Certificate - **\$100**

Sports/Insurance Physical - **\$200**

ECG only - **\$100**

ECG with FAA Exam - **\$100**

Hourly consulting fee for FAA Certification for HIMS Program, SSRI or ADHD - **\$500**

Outside ECG Interpretation - **\$100**

CHECKS & INSURANCE ARE NOT ACCEPTED.

Notes

- If you are on any prescription medications please contact Dr. Brown at (206) 423-9309 prior to your medical. Some medications may render you ineligible for your medical.
- Candidates must be prepared to provide a urine specimen to test for diabetes or kidney disease. You should avoid excessive amounts of coffee and sugar prior to the exam for this reason. Dr. Brown does not test for drugs.
- You should bring the names and addresses of any physicians you have consulted within the last three years, as the FAA will request this information.
- If you have to cancel an appointment **DO NOT CANCEL BY EMAIL! PHONE THE OFFICE TO CANCEL!**

-For more information about medicals you can find quite a bit of information on my website:

<http://www.flightsurgeon.com>, or on the FAA website: http://www.faa.gov/licenses_certificates/medical_certification/

-For questions about whether you qualify for a medical due to prescription medicines or pre-existing medical conditions please call Dr. Brown on his cell phone at (206) 423-9309

THE FAA REQUIRES THAT ALL CANDIDATES FOR MEDICAL CERTIFICATES COMPLETE AN ONLINE FORM. ALL INFORMATION MUST BE SUBMITTED ELECTRONICALLY AT THE FOLLOWING WEB SITE:

<https://medxpress.faa.gov/>

Once you have completed the form, print out the completed form which has the confirmation number at the bottom. If you can't print it out, copy the confirmation number and bring it to your exam. I cannot download the form without the confirmation number which will only be issued once you complete and submit the form. **For Scheduling Call (360) 568-1541 #3**